

Identity Theft

511 Congress Street, Suite 804, Portland, ME 04101
Tel: (207) 771-8821

PREVENTION

- Carry a minimal amount of personal information with you and limit the number of credit cards in your wallet. Keep copies (front and back) of all cards carried in your wallet in a safe place at home in case your wallet is stolen.
- Personalize your bank checks only with your first initial and last name (exclude your mailing address).
- Store files that contain personal information in a safe place at home. Encrypt computer data, including backup files, with a program such as WinZip. Don't keep unsecured financial information on your laptop. Shred documents containing personal data and preapproved credit card offers before you discard them.
- Don't give out any personal information via phone, mail or internet unless you initiated the contact.
- When asked to provide personal data, verify that the information is essential to complete the transaction. Ask questions such as: "Why do you need my Social Security number?", "How will it be used?", "How do you protect my Social Security number from being stolen?", or "What will happen if I don't provide my Social Security number?"
- Protect your financial accounts (such as brokerage, bank, credit card, and employer benefits) with [strong security codes / passwords](#) that don't reference your personal information. Longer is stronger. If you have difficulty keeping track, use a password manager such as [LastPass](#) (available in a free version). Change your passwords on a regular basis.
- Pay attention to billing cycles and statements. Contact the creditor if a statement doesn't arrive.
- Update computer virus protection regularly, and use anti-malware software if you suspect an undetected infection. Use a hardware or software firewall which prevents hackers from accessing your computer. (Make sure to enable Windows Firewall on your PC.) Protect your online activities with a free anti-keylogging program such as [KeyScrambler Personal](#).
- Check your credit report at least once a year. Stagger your requests to the three major credit agencies so you receive a report every four months. If you've been a victim, review it quarterly. Be aware of "imposter" websites that claim to offer free credit reports or other credit report monitoring services. Only one website is authorized to fill orders for the free annual credit report under law – [www.annualcreditreport.com](#). The jury is out on credit monitoring services. For now, it is hard to recommend any.
- Do not use links contained in an e-mail to navigate to a financial institution's Web site. Chances are high that it is a "phishing" e-mail. Phishing is a form of identity theft where fake e-mails are sent out, or fictitious websites set up (often using company logos), asking you to urgently update bank or credit card information or requesting contact about an order/purchase.
- Consider opting out from direct mailing lists and signing up with the national Do-Not-Call Registry (*see information in the Resource Table provided on the 2nd page*).
- To prevent potential creditors from accessing your credit history files and from granting instant credit to thieves, contact the three credit-reporting agencies to learn about security freezes and fraud alerts.
- The filing of fraudulent income tax returns is on the increase. Criminals not only use stolen taxpayer identity information, but Social Security numbers of people who don't normally file returns. If you are notified that a second return has been filed with your Social Security number, file Form 14039 with the IRS immediately and take all suggested steps below.

IF YOU'VE BEEN VICTIMIZED

- Immediately call your respective financial institutions to cancel your credit and debit cards. Your potential liability may depend on how soon you reported the crime. The Federal Trade Commission's step-by-step guide "Taking Charge: What to Do if Your Identity is Stolen" can be downloaded at [www.consumer.ftc.gov/articles/pdf-0009-taking-charge.pdf](#). A useful checklist and links to other resources are also provided on the [Privacy Rights Clearinghouse website](#).
- Contact us for advice and assistance.
- File a report with local police. If identity theft is not a crime under your state law, ask to file a Miscellaneous Incident Report instead. If the local police won't take a report, contact state police.
- Document all of your communication relative to ID theft: dates, times, institutions and individuals contacted. It is best to contact financial institutions, credit-reporting agencies and other fraud-related companies in writing, so that your requests and claims are on record with the recipients.
- Call the fraud units of the three major credit reporting agencies (*see Resource Table*).
- To make certain that you're not responsible for any debts incurred by identity theft, you must prove to creditors that you didn't accumulate the debt. Fill out the FTC's [Identity Theft Victim's Complaint and Affidavit](#) which is widely accepted by creditors.

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RESOURCE TABLE

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| Annual Credit Report: Request free annual credit report | To order online, www.annualcreditreport.com ; for credit report request mail-in form, follow the link: https://www.annualcreditreport.com/gettingReports.action |
| Credit Offers: Opt out from pre-approved credit offers | 888-5-OPTOUT (67-8688) or www.optoutprescreen.com |
| Computer Security | See the Federal Trade Commission's website for a comprehensive guide: www.consumer.ftc.gov/topics/computer-security |
| Direct Mail / E-mail Marketing: Remove name from catalog/magazine offers and other solicitations | Use the Direct Marketing Association's free online mail management service to reduce catalogs, magazine offers, and other forms of direct mail solicitation at www.dmachoice.org . The DMA also has an e-mail Preference Service (eMPS) on the same site. By mail only, download the form and write to: DMAChoice, Direct Marketing Association, PO Box 643, Carmel, NY 10512. There is a \$1 processing fee for mail-in requests. |
| Direct Mail: Reduce mail order catalog flow | E-mail your request to optout@epsilon.com or write to Epsilon Data Services, P.O. Box 1478, Broomfield, CO 80038. Include full name and current address (and previous address if you have recently moved.) |
| Phone Marketing: Remove name from telemarketing lists | To be removed from phone solicitation lists, register online at www.donotcall.gov , call 1-888-382-1222 from the phone you want to register, or write to Telephone Preference Service, Direct Marketing Association, PO Box 1559, Carmel, NY 10512 (telemarketers have up to 31 days to comply). Companies you do business with will not be removed, however. |
| ID Theft: Fraud departments of credit-reporting agencies | <p>TransUnion: 800-680-7289; www.transunion.com or Fraud Victim Assistance Department, P.O. Box 6790, Fullerton, CA 92634</p> <p>Equifax: 800-525-6285, www.equifax.com or Fraud Division, P.O. Box 740250, Atlanta, GA 30374-0250</p> <p>Experian: 1-888-EXPERIAN (397-3742); www.experian.com or Fraud Division, P.O. Box 2104, Allen, TX 75013. (Write to avoid Experian's marketing pitch for "free" credit management tools.)</p> |
| File a complaint (affidavit) with the Federal Trade Commission | The FTC's website is ftc.gov/complaint . Follow the step-by-step menu for the FTC Complaint Assistant. |
| Resources on ID Theft | <p>www.privacyrights.org</p> <p>www.maine.gov/ag/consumer/identity_theft/identity_theft.shtml (Maine ID theft laws and resources)</p> <p>www.ftc.gov</p> <p>www.onguardonline.gov</p> |
| Social Security Fraud: Report misuse of Social Security number | Contact the Federal Trade Commission in the event that someone uses your Social Security number to obtain credit, loans, phone accounts, or other goods and services. |